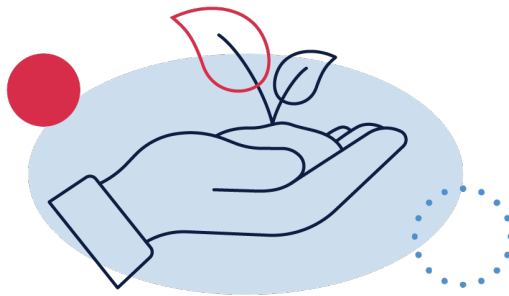


Forsythes Training has 20 fully funded spots in a 1-day course:

## **Develop and Use Emotional intelligence**

**BSBPEF502**



This provides an opportunity for people who are currently in lockdown to undertake some training to further support themselves in their roles.

### **About this course**

This course is a unit of competency in our nationally accredited Diploma in Leadership and Management. Experts agree that emotional intelligence is a key requirement for successful leaders and managers, and it is lacking in many Australian workplaces.

Emotional intelligence is the ability to be self-aware and to self-regulate. Emotionally intelligent leaders and managers know their strengths and challenges and how to achieve outcomes. Just like IQ is a measure of intelligence, Emotional Quotient (EQ) is a way to measure how well you interact with people. The more EQ the better a leader can recognise emotions in themselves and others, and how they manage these emotional states to motivate and have better relationships.

These courses are all tailored to high-demand professions, and you can do them from the comfort of your own home. Get the skills and training for the next exciting step in your career.

Complete this course online via Zoom.

### **Eligibility**

Must be in lockdown, hours reduced.

### **Cost**

Nil (normally \$570 per person)

**Date: September 22, 2021**

To secure a place or places – complete the following enrolment link:  
[https://www.forsythestraining.com.au/book-a-course/?course\\_id=5485](https://www.forsythestraining.com.au/book-a-course/?course_id=5485)